



The Lummi Nation is a proud recipient to be awarded the Native American Healthy Marriage Initiative (NAHMI) grant, through the Administration for Native Americans.

Our mission is to support healthy relationships, and to strengthen families.

Our goal is to increase the number of Lummi children being raised by both parents, in a healthy relationship.

We will strive to raise the public awareness of the intrinsic value and benefit of a healthy relationship.

We will elicit interest and provide services in obtaining skills, knowledge, training, and counseling needed to form and maintain a healthy relationship.



Lummi Nation Healthy Marriages Program
Lummi Family Services
2530 Kwina Road, Building B
Bellingham, WA 98226



Healthy Marriages Program

*“Supporting Relationships,
Strengthening Families!”*

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Bellingham, WA 98226
(360) 384-2373**

Working with our Community to Strengthen Families...

The Healthy Marriages Program was launched on the Lummi Reservation in 2006, thanks to a grant from the Administration for Native Americans (ANA). The program is made up of three primary components:

- Enriching committed partnerships through counseling, education and public communication;
- Collaborating with other community groups and organizations in order to create new benefits for families while working to enhance the benefits that already exist;
- Identifying and publicizing community resources available to couples and families.

The ultimate goal of the program is to increase the percentage of Native children who are raised by *two parents* in a *healthy marriage/partnership* environment.

Advisory Board

There is an Advisory Board that meets monthly and reviews and recommends action for our five (5) year strategic plan.

For more information on our Advisory Board please contact (360) 384-2373.

Healthy Marriages Staff

Jacci Ballew, Advocate/Office Manager
Candice Wilson, Coordinator

Marriage & Family Therapist

Our Marriage & Family Therapist (MFT's) work with our couples together, individual, or in groups sessions. Our MFT's are:

- Julia Ortiz, MSW, YESS
- John Plummer, PHD, MFT
- Lori Goulet, MFT
- Sharon Grier, MFT



Loving relationships don't just happen. They must be *created* by two willing partners, and then *nurtured* so that they continue to *thrive and grow*. And when a healthy relationship exists as the foundation of a family, *everyone benefits* – the couple, the extended family, and most importantly, *the children*.

"Supporting Relationships, Strengthening Families!"

The Lummi Nation Healthy Marriages Program offers...

- Individual and couples' counseling
- Retreats
- Family activities
- Parenting classes
- Couples' workshops
- Men's and Women's Talking Circles
- Public education with monthly relationship articles in the Lummi Newspaper *Squol Quol* and a quarterly "Healthy Relationships" newsletter
- Adolescent education about healthy relationships, with a focus on self-esteem, conflict resolution, and refusal skills.
- A resource guide

As a newer program, we are open to community feedback and input on other ways we can help you improve your relationships and create the long-term partnership you deserve!

We can heal ourselves, one by one, then heal our relationships. By doing this, we give roots and wings to our children, our families, and our community.

H'y'shqe Si'am!