

COUNSELOR DISCLOSURE STATEMENT

Counselors are required by Washington state law to provide written disclosure of the following information to clients before counseling begins, and to obtain signature of acknowledgment. (WAC 388-877-0640)

Methods of treatment modalities and therapeutic orientations include: Cognitive-Behavioral Therapy (CBT), Trauma Focused CBT, Eye Movement and Desensitization Reprocessing (EMDR), Family Systems, Solution Focused Therapy, Play Therapy, Motivational Interviewing, Mindfulness, Acceptance and Commitment Therapy (ACT), Gottman Couples Therapy, Client Centered Humanistic Therapy, Dialectical Behavior Therapy (DBT), Emotion Focused Therapy (EFT), Brainspotting (BSP), Narrative Therapy and Trauma Informed Therapies.

Fees: The Behavioral Health Department will bill Medicaid or other insurance for services. A lack of personal financial resources will not prevent Native American youth and adults from receiving counselor services.

Confidential Communications: Lummi Behavioral Health observes confidentiality as required by Washington State, federal, and Tribal law. Under state law (RCW 18.225.105), your mental health counselor, marriage and family therapist, or social worker cannot reveal information disclosed during a counseling session to anyone outside of Lummi Behavioral Health without your written consent except:

1. If you present an imminent threat to the health or safety of yourself or others;
2. In the case of death or disability, to your personal representative;
3. In response to a subpoena;
4. When there is an indication of abuse of a child or dependent adult, and/or elder
5. If you waive the privilege by bringing charges against us.

Client's Rights and Responsibilities: You have the right to refuse treatment and the right to choose a counselor and treatment modality which best suits your needs. This is not intended to supersede state or federal laws and regulations, or professional standards.

Disclaimer by the State of Washington: Counselors practicing counseling for a fee must be licensed with the Department of Health for the protection of the public health and safety. Licensure of an individual with the department does not include recognition of any practice standards, nor necessarily implies the effective of any treatment. The State's intent in regulating counselors is to provide a complaint process against those counselors who commit acts of unprofessional conduct as described by State Law (RCW 18.130.180). You can access this information at: <http://www.leg.wa.gov/wsladm.rew.htm>. You may also contact the department of health at:

Washington State Department of Health
Health Professions Quality Assurance
P.O. Box 47865
Olympia, WA 98504-7865
(360) 236-4700

Acknowledgement of Disclosure Statement: I acknowledged that I have read, and I understand this disclosure statement. I have had the opportunity to ask questions, and I have received a copy of this disclosure statement.